



Welcome to the autumn newsletter

This edition focuses on the safety information available on line from the Royal Society for the Prevention of Accidents and from the Child Accident Prevention Trust. Both website have lots of useful information on a range of safety issues.

The Royal Society for the Prevention of Accidents has a parent hub with lots of information. They say:

‘Did you know the home is the place where most children under five are likely to have an accident? In fact, every year over one million children under the age of 15 are treated in A&E due to an injury they suffered at home.

It’s difficult to watch a child 24 hours a day however supervision is a key factor in preventing an accident.’

They advise that the most common accidents include falls, poisoning, burns and scalds, choking and suffocation and the hub is there to help you prevent these. The information covers:

Before baby is born, including: Child car seats, blind cords, nappy sacks and poisoning risks

First months (pre-crawling), including:
Safety gates, falls, hot drink scalds, hot bath water scalds, drowning in the bath, bath seats, baby slings and cot sleeping safety

Hot drinks are the most common cause of scald injury in children

Under one-year-old (crawling), including: Chocking on small objects, medication poisoning, cleaning products, button batteries, burns and fireguards and staircase safety

One to two-years-old (toddling), including:
Climbing furniture, falling on stairs, burns and fire guards, falling from windows, poisoning, drowning and toy safety

Two to four-year-olds (walking/running), including:
Driveway accidents, electric gates, garden safety and drowning in ponds

Four years onwards (pre-school/school), including:
Falls, swimming, cycling, pedestrians, burns and flammable clothing

There is a lot of information on the website and some of the categories cover a range of ages, such as nappy sacks, blind cords, falls, drowning and hot drinks scalds.



Child Accident Prevention Trust

CAPT provide free child safety advice to parents and carers on their website, including online quizzes and activities on popular safety topics. The safety advice on the CAPT website can be browsed by age group and topic and includes Information on:

Protecting your child from burns and scalds

CAPT advise that six toddlers are admitted to hospital every day because they've been badly burned. Babies and young children have such delicate skin that they can be burned far more easily than adults

Keeping your child safe in the car

CAPT advise that twelve children under 10 are killed or injured as passengers in cars every day. Car seats prevent deaths and serious injury

How to stop your child from choking

CAPT advise that each day around 40 under-5s are rushed to hospital after choking on something, or swallowing something dangerous. Food is the most likely cause, but small objects and toys can also be risky for young children

Keeping children safe from a serious fall

CAPT advise that each day, around 45 toddlers are taken into hospital because they've had a serious fall. These usually happen at home or in the garden, and there is a lot you can do to reduce the risk of your child falling

Keeping children safe from poisoning

CAPT advise that every day, 15 young children are admitted into hospital because it's thought they've swallowed something poisonous

The website includes lots of other topics including keeping your child safe from drowning, strangulation, suffocation, button batteries, fire, electric shocks, equipment to keep your child safe and choosing safe toys.

The CAPT website has lots of quizzes for you to test your safety knowledge and you can sign up to a monthly newsletter.

