

Person Specification

Health Trainer

The successful candidate will not necessarily have all the following attributes but the greatest number in comparison with other candidates. When you fill in your application form you can use examples to show us that you have the relevant skills and experience. The training is essential to qualify fully and will develop knowledge and skills.		
	Essential	Desirable
Qualifications and Training		
<ul style="list-style-type: none"> No formal qualifications are needed but you must be willing to train as a Health Trainer 	E	
<ul style="list-style-type: none"> By the end of the training period have completed the City and Guilds Level 3 Health Trainer certificate 	E	
<ul style="list-style-type: none"> Good knowledge of English 	E	
<ul style="list-style-type: none"> One or more language that is used by the population 		D
<ul style="list-style-type: none"> Experience of working with local community groups in some way 		D
<ul style="list-style-type: none"> Complete a skilled for health course 	E	
Knowledge		
<ul style="list-style-type: none"> Knowledge about local communities 	E	
<ul style="list-style-type: none"> Knowledge about health and well being and about the things that make people healthy and unhealthy 		D
<ul style="list-style-type: none"> Knowledge about the broad health and health service needs of the local community 		D
<ul style="list-style-type: none"> Know how to find out about local services and how to support individuals to access and use them 	E	
<ul style="list-style-type: none"> Knowledge of the behaviour change methods 		D
<ul style="list-style-type: none"> Know your own limits of skills, competencies and responsibilities and work within them 	E	
Skills and abilities		
<ul style="list-style-type: none"> Ability to effectively communicate face to face 	E	
<ul style="list-style-type: none"> Effective interpersonal/listening skills 	E	
<ul style="list-style-type: none"> Flexible working 	E	
<ul style="list-style-type: none"> Current driving license and assess to a car 		D
<ul style="list-style-type: none"> Supportive and encouraging to people in difficult situations whilst remaining non-judgmental 	E	
<ul style="list-style-type: none"> Understand the importance of confidentiality. Be able to respect confidentiality even in difficult situations 	E	
<ul style="list-style-type: none"> Interested in helping people to find ways to solve their own problems 	E	
<ul style="list-style-type: none"> Ability to work as part of a team 	E	
<ul style="list-style-type: none"> Ability to identify, assess and manage risks 	E	
<ul style="list-style-type: none"> IT skills 		D

